



*St Michael*  
& *All Angels*  
Heliopolis Episcopal Church

Friday 26 August 2011

*Approaching God with Penitence and Praise*

## Welcome

### **Song** [please stand]

Morning has broken  
like the first morning,  
black bird has spoken  
like the first bird.  
Praise for the singing!  
Praise for the morning!  
Praise for them springing  
fresh from the Word!

Sweet the rain's new fall  
sunlit from heaven,  
like the first dewfall  
on the first grass.  
Praise for the sweetness  
of the wet garden,  
sprung in completeness  
where His feet pass.

Mine is the sunlight!  
Mine is the morning.  
Born of the one light  
Eden saw play!  
Praise with elation,  
praise every morning,  
God's recreation  
of the new day.

## Greeting

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you. **All: Amen.** The Lord be with you. **All: And also with you.**

## Prayer of Preparation

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

## **Prayers of Penitence** [please sit or kneel]

[...]

Our Lord Jesus Christ said: The first commandment is this: 'Hear, O Israel, the Lord our God is the only Lord. You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.' The second is this: 'Love your neighbour as yourself.' There is no other commandment greater than these. On these two commandments hang all the law and the prophets. **All: Amen. Lord, have mercy.**

God so loved the world that he gave his only Son Jesus Christ to save us from our sins, to be our advocate in heaven, and to bring us to eternal life. Let us confess our sins in penitence and faith, firmly resolved to keep God's commandments and to live in love and peace with all.

**Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault. We are truly sorry and repent of all our sins.**

**For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.**

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

**Amen.**

## **Gloria** [please stand]

**Glorify God in the highest and peace to his people on earth.**

**Lord God, heavenly King, Almighty God and Father,**

**we worship you, we give you thanks, we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God,**

**you take away the sin of the world: have mercy on us;**

**You are seated at the right hand of the Father: receive our prayer.**

**For you alone are the Holy One,**

**you alone are the Lord, you alone are the Most High,**

**Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

## **Collect of the week**

**Grant us, O Lord, to trust in you with all our hearts; for, as you always resist the proud who confide in their own strength, so you never forsake those who make their boast of your mercy; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

## **Offering** [please sit]

All things come from you. O Lord

**And of your own we have given you.**

## **Song** [sung during the offering]

Lord, the light of your love is shining,  
in the midst of the darkness, shining.

Jesus, light of the world, shine upon us;  
set us free by the truth you now bring us.  
Shine on me; shine on me. *Chorus*

Lord, I come to your awesome presence,  
from the shadows into your radiance.  
By the blood I may enter your brightness,  
search me, try me, consume all my darkness.  
Shine on me; shine on me. *Chorus*

As we gaze on your kindly brightness,  
so our faces display your likeness.  
Ever changing from glory to glory,  
mirrored here may our lives tell your story.  
Shine on me; shine on me. *Chorus*

Chorus:

*Shine Jesus shine,  
fill this land with the Father's glory.  
Blaze, Spirit blaze, set our hearts on fire.  
Flow, river flow,  
flood the nations with grace and mercy.  
Send forth your word,  
Lord, and let there be light.*

## *Word and Prayer*

### **Old Testament Reading: Exodus 2:23-3:15**

During that long period, the king of Egypt died. The Israelites groaned in their slavery and cried out, and their cry for help because of their slavery went up to God. God heard their groaning and he remembered his covenant with Abraham, with Isaac and with Jacob. So God looked on the Israelites and was concerned about them.

Now Moses was tending the flock of Jethro his father-in-law, the priest of Midian, and he led the flock to the far side of the wilderness and came to Horeb, the mountain of God. There the angel of the LORD appeared to him in flames of fire from within a bush. Moses saw that though the bush was on fire it did not burn up. So Moses thought, "I will go over and see this strange sight—why the bush does not burn up."

When the LORD saw that he had gone over to look, God called to him from within the bush, "Moses! Moses!" And Moses said, "Here I am."

"Do not come any closer," God said. "Take off your sandals, for the place where you are standing is holy ground." Then he said, "I am the God of your father, the God of Abraham, the God of Isaac and the God of Jacob." At this, Moses hid his face, because he was afraid to look at God.

The LORD said, “I have indeed seen the misery of my people in Egypt. I have heard them crying out because of their slave drivers, and I am concerned about their suffering.

So I have come down to rescue them from the hand of the Egyptians and to bring them up out of that land into a good and spacious land, a land flowing with milk and honey - the home of the Canaanites, Hittites, Amorites, Perizzites, Hivites and Jebusites. And now the cry of the Israelites has reached me, and I have seen the way the Egyptians are oppressing them. So now, go. I am sending you to Pharaoh to bring my people the Israelites out of Egypt.”

But Moses said to God, “Who am I that I should go to Pharaoh and bring the Israelites out of Egypt?”

And God said, “I will be with you. And this will be the sign to you that it is I who have sent you: When you have brought the people out of Egypt, you will worship God on this mountain.”

Moses said to God, “Suppose I go to the Israelites and say to them, ‘The God of your fathers has sent me to you,’ and they ask me, ‘What is his name?’ Then what shall I tell them?”

God said to Moses, “I AM WHO I AM. This is what you are to say to the Israelites: ‘I AM has sent me to you.’”

God also said to Moses, “Say to the Israelites, ‘The LORD, the God of your fathers - the God of Abraham, the God of Isaac and the God of Jacob - has sent me to you.’ This is my name forever, the name you shall call me from generation to generation.

After the reading, the reader says: This is the word of the Lord.

**All: Thanks be to God.**

## **Children’s Time**

### **Reading Psalm 149: Cantate Domino**

1 Hallelujah! Sing to the LORD a new song; sing his praise in the congregation of the faithful.

**2 Let Israel rejoice in his Maker; let the children of Zion be joyful in their King.**

3 Let them praise his Name in the dance; let them sing praise to him with tambourine and lyre.

**4 For the LORD takes pleasure in his people and adorns the poor with victory.**

5 Let the faithful rejoice in triumph; let them be joyful on their beds.

**6 Let the praises of God be in their throat and a two-edged sword in their hand;**

7 To wreak vengeance on the nations and punishment on the peoples;

**8 To bind their kings in chains and their nobles with links of iron;**

9 To inflict on them the judgment decreed; this is glory for all his faithful people.  
**Hallelujah!**

Glory to the Father, and to the Son, and to the Holy Spirit!

**As it was in the beginning, is now and ever shall be, world without end.  
Amen.**

### **Epistle Reading: Romans 13:8-14**

Owe no one anything, except to love one another; for the one who loves another has fulfilled the law. The commandments, "You shall not commit adultery; You shall not murder; You shall not steal; You shall not covet"; and any other commandment, are summed up in this word, "Love your neighbor as yourself." Love does no wrong to a neighbor; therefore, love is the fulfilling of the law. Besides this, you know what time it is, how it is now the moment for you to wake from sleep. For salvation is nearer to us now than when we became believers; the night is far gone, the day is near. Let us then lay aside the works of darkness and put on the armour of light; let us live honourably as in the day, not in revelling and drunkenness, not in debauchery and licentiousness, not in quarrelling and jealousy. Instead, put on the Lord Jesus Christ, and make no provision for the flesh, to gratify its desires.

After the reading, the reader says: This is the word of the Lord.

**All: Thanks be to God.**

**Song** [please stand]

[[print song](#)]

### **Gospel Reading: Matthew 18:15-20**

Before the reading, the reader says: Hear the Gospel of our Lord Jesus Christ according to Saint Matthew.

**All: Glory to you, Lord Christ.**

Jesus said, "If another member of the church sins against you, go and point out the fault when the two of you are alone. If the member listens to you, you have regained that one. But if you are not listened to, take one or two others along with you, so that every word may be confirmed by the evidence of two or three witnesses. If the member refuses to listen to them, tell it to the church; and if the offender refuses to listen even to the church, let such a one be to you as a Gentile and a tax collector. Truly I tell you, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven. Again, truly I tell you, if two of you agree on earth about anything you ask, it will be done for you by my Father in heaven. For where two or three are gathered in my name, I am there among them."

After the reading, the reader says: This is the Gospel of the Lord.

**All: Praise to you, Lord Christ.**

**Sermon** [please sit]

## **Music for Prayer and Meditation**

**The Creed** [please stand]

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made.**

**For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.**

**We believe one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

**Prayers of Intercession** [please sit or kneel]

During the prayers, the person praying says: *in your mercy*. The response to this is:

**All: Hear our prayer.**

Or the praying person says: *Lord, hear us*. The response to this is:

**All: Lord, graciously hear us.**

In the end of the prayer, we pray together: **All: Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.**

## *Holy Communion*

**The Peace**

The peace of the Lord be always with you.

**All: And also with you.**

Let us now offer one another a sign of peace.

**Song** [please sit]  
[print song]

## **Preparation of the Table**

### **The Eucharistic Prayer**

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

Father, we give you thanks and praise through your beloved Son Jesus Christ, your living Word, through whom you have created all things; who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh; as your Son, born of the blessed Virgin, he lived on earth and went about among us; he opened wide his arms for us on the cross; he put an end to death by dying for us; and revealed the resurrection by rising to new life; so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, forever praising you and saying:

**Holy, holy, holy is the Lord, our God. (2x)**

**The whole earth is full of his glory. (3x) Holy is the Lord!**

Lord, you are holy indeed, the source of all holiness; grant that by the power of your Holy Spirit, and according to your holy will, these gifts of bread and wine may be to us the body and blood of our Lord Jesus Christ;

Who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying: Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

And so, together we proclaim the mystery of faith:

**Christ has died!**

**Christ is risen!**

**Christ will come again!**

And so, Father, calling to mind his death on the cross, his perfect sacrifice made once for the sins of the whole world; rejoicing in his mighty resurrection and glorious ascension, and looking for his coming in glory, we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving, we bring before you this bread and this cup and we thank you for counting us worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom all who share this one bread and one cup, so that we, in the company of all the saints, may praise and glorify you for ever, through Jesus Christ our Lord; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory be yours, almighty Father, for ever and ever. Amen.

As our Saviour taught us, so we pray

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom, the power and the glory,  
for ever and ever. Amen.**

We break this bread to share in the body of Christ.

**Though we are many, we are one body, because we all share in one bread.**

**Jesus, Lamb of God, have mercy on us.**

**Jesus, bearer of our sins, have mercy on us.**

**Jesus, redeemer of the world, grant us peace.**

**We do not presume to come to this your table, merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord whose nature is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ and to drink his blood, that our sinful bodies may be made clean by his body and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.**

Draw near with faith. Receive the body of our Lord Jesus Christ, which he gave for you, and his blood, which he shed for you. Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

## **Songs** [please sit or kneel]

During Holy Communion, we together, prayerfully, sing some songs that are printed on the coloured sheet.

## **Prayer after Holy Communion**

**Almighty God, we thank you for feeding us with the body and blood of your Son Jesus Christ. Through him we offer you our souls and bodies to be a living sacrifice. Send us out in the power of your Spirit to live and work to your praise and glory. Amen.**

## **Announcements** [please sit]

## **The Blessing** [please stand]

The peace of God which passes all understanding,  
keep your hearts and minds in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty, the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen**

## **Song**

Majesty worship His Majesty  
Unto Jesus, be all glory,  
Power and praise  
Majesty, Kingdom authority  
Flow from His throne,  
Unto his own, His anthem raise.

So exalt, lift up on high  
The Name of Jesus  
Magnify, come glorify,  
Christ Jesus the King  
Majesty, worship His Majesty  
Jesus who died, now glorified,  
King of all Kings.

## **Dismissal**

Someone reads an exhortation; together we respond:  
**In the name of Christ. Amen.**

## **Community during lunch**

We continue to enjoy each other's company during lunch in the Family Room.

## St Michael's: 'Where global nomads are at home...'

### Agenda 4-11 September 2011

**Egyptian Worship Services: Sunday 10:30 am and 6 pm**  
**Sudanese Worship Service: Sunday 2 pm.**

The English congregation of St Michael's has these activities in the coming week:

**Friday 2 September**, almost immediately after this Church service: lunch together in the Family Room. All warmly welcome!

**Monday 5 September**, Men's Evening Out, 6-7.30 pm, followed by potluck diner together in the Family Room. You can be on the way home by 8.30 pm.

**Tuesday 6 September**, Women's Group meeting, 10-12 am, followed by potluck lunch. There is a nursery!

**Wednesday 7 September**, Morning Prayer, 7-7.30 am, in Sanctuary, followed by light breakfast in the Family Room. Expect to be served. You can be on the move by 8 am.

**Wednesday 7 September**, Combined English and Arabic liturgical Worship Service with special focus on prayer for sick and needy, 6-7.30 pm, followed by potluck diner. Nursery available.

**Friday 9 September**, 11 a.m. Worship Service, followed by potluck lunch together in the Family Room.

"St Michael's Episcopal Church exists for the worship and the enjoyment of God. It is a community of people who desire to follow the Lord Jesus Christ and who invite others into this community to do likewise."

St Michael and all angels is a church in the Anglican-Episcopal Diocese of Egypt, North Africa and the Horn of Africa. The Rt Rev Bishop Mouneer Hanna is our bishop.

Vicar: Rev Dr Jos M. Strengholt

Email: [jos@strengholt.info](mailto:jos@strengholt.info)

Tel: 012-3909379

Information about services and other activities of the church can be found on the church's website, [www.heliopolischurch.com](http://www.heliopolischurch.com)